

```
1  /**
2   * A small collection of good things.
3   * Keep the details. Make room to read.
4   */
5
6  const moments = [
7    { name: "A fresh page", minutes: 5 },
8    { name: "A good idea", minutes: 15 },
9    { name: "A little progress", minutes: 30 },
10 ];
11
12 function makeTime(items, available = 30) {
13   return items
14     .filter(({ minutes }) => minutes <= available)
15     .map(({ name }) => name);
16 }
17
18 // A little less scrolling. A little more clarity.
19 const today = makeTime(moments);
20
21 for (const moment of today) {
22   console.log(`Make time for: ${moment}`);
23 }
24
```